

# The First Sunday of Great Lent /

## The Sunday of Orthodoxy

12 / 25 February

**Resurrection Tropar, Tone 5:** Let us, the faithful; praise and worship the Word, / Co-eternal with the Father and the Spirit, / born for our salvation from the Virgin; / for He willed to be lifted up on the cross in the flesh, / to endure death, / and to raise the dead / by His glorious Resurrection!

**The First Sunday of Great Lent, Troparion, Tone II :** We worship Thy immaculate Image, O Good One, and ask forgiveness of our sins, O Christ God; for of Thy own will Thou wast pleased to ascend the Cross in the flesh, to deliver from slavery to the enemy those whom Thou hadst created. Therefore we thankfully cry to Thee: Thou hast filled all things with joy, O our Saviour, by coming to save the world.

**Resurrection Kondak, Tone 5:** Thou didst descend into hell, O my Saviour, / shattering its gates as Almighty, / resurrecting the dead as Creator, / and destroying the sting of death. / Thou hadst delivered Adam from the curse, O Lover of Man, / and we cry to Thee, O Lord, save us.

**Kondak First Sunday of Great Lent, Tone 8:** The Uncircumscribable Word of the Father was circumscribed when he took flesh of thee, O Theotokos; and when He had restored the defiled image to its ancient state, He suffused it with divine beauty. As for us, confessing our salvation, we record it in deed and word.



### Matins Gospel V

#### Epistle: St. Paul's Epistle to the Hebrews 11: 24-26, 32 - 12:2

24 By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, 25 choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, 26 esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward. ... 32 And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: 33 who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, 34 quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens. 35 Women received their dead raised to life again. And others were tortured, not accepting deliverance, that they might obtain a better resurrection. 36 Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. 37 They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented, 38 of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth. 39 And all these, having obtained a good testimony through faith, did not receive the promise, 40 God having provided something better for us, that they should not be made perfect apart from us.

Hebrews 12:1 Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, 2 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

#### WE ARE SURROUNDED BY SO GREAT A CLOUD OF WITNESSES

At all times, indeed, but specially then, when I reflect upon the achievements of the saints, it comes over me to feel despondency concerning my own condition, because we have not even in dreams experienced the things among which those men spent their whole lives, not paying the penalty of sins, but always doing rightly and yet always afflicted .. And having spoken of what befell the apostles (Cf. I Cor. 4:11, II Cor. 11:23-28, 12:7, Phil. 1:12, II Tim. 3:11) ...Elijah suffered the same thing with them (II Kings 1:8) and the Son of Man (Matt. 8:20) ...For God 'has provided some better thing for us.' In order that they might not seem to have the advantage of us from being crowned before us, He appointed one time for crowning for all ...Do you see His tender carefulness?

*St. John Chrysostom. Homily XXVIII on Hebrews XI, 1, 2. B#58, pp. 491, 492.*

Second Epistle II Cor. 4:6-15

## Gospel John 1: 43-51

43 At that time, Jesus would go forth into Galilee, and findeth Philip, and saith unto him, Follow me. 44 Now Philip was from Bethsaida, the city of Andrew and Peter. 45 Philip findeth Nathanael, and saith unto him, We have found him, of whom Moses in the law, and the prophets did write, Jesus of Nazareth, the son of Joseph. 46 And Nathanael said unto him, Can there any good thing come out of Nazareth? Philip saith unto him, Come and see. 47 Jesus saw Nathanael coming to him, and saith of him, Behold, an Israelite indeed, in whom is no guile! 48 Nathanael saith unto him, Whence knowest thou me? Jesus answered and said unto him before that Philip called thee, when thou wast under the fig tree, I saw thee. 49 Nathanael answered and saith unto him, 'Rabbi, thou art the Son of God, thou art the King of Israel. 50 Jesus answered and said unto him, Because I said unto thee, I saw thee under the fig tree, believest thou? thou shalt see greater things than these. 51 And he saith unto him, Verily, verily, I say unto you, Hereafter ye shall see heaven open, and the angels of God ascending and descending upon the Son of man.

### THE SUNDAY OF ORTHODOXY

"This is the Apostolic faith, this is the faith of your fathers, this is the Orthodox faith, this is the faith which has consolidated Christendom"

(from the "Order of Orthodoxy")

All our feast days are directly connected with sacred events and persons glorified by God. The present feast, however, is of a different nature. This first Sunday in Lent, dear brothers and sisters, the Holy Church has designated for the celebration of the Triumph of Orthodoxy. This feast is unlike most others in the Orthodox Church, for it grew out of the very heart of our Mother Church, out of her long struggle to defend the true faith.

The Triumph of Orthodoxy was instituted by the Holy Church as a sign that the saving dogmas, i.e., the truths of Christ's teachings, have been received by the Church from the Son of God Himself and His Holy Apostles. Not only have these teachings been preserved unchanged and in all their purity, they have also received the necessary definition and elucidation during the long drawn-out struggle against various heresies and errors.

The last such heresy, whose defeat brought about the definite triumph of Orthodox dogmas, was that of the iconoclastic controversy. The heretics believed it wrong to depict in artistic images the Invisible and Indescribable God. This false interpretation of the veneration of icons led to the expulsion of icons from churches and the destruction of sacred images.

Orthodox defenders of icon veneration have shown from the Holy Scriptures and writings of the Holy Fathers that with the coming of the Lord of Glory in the flesh to the world, the depiction of God and of the history revealing the mystery of our salvation has become not merely possible but essential. The teaching on the veneration of icons and sacred images expresses the dogmatic unity of all Christian dogmatic truths, and has culminated in the present-day celebration of the Triumph of Orthodoxy. Through the decision of the Seven Ecumenical Councils, the Holy Church has enhanced the splendid edifice of Christian dogma, whose firm walls have sheltered the spiritual life of Christians from the winds of heresy.

As understood by the Mother Church herself, the Triumph of Orthodoxy expresses the joyous unity of all Christians in the truths of the holy faith, and the plenitude of communion with Christ through His Church. "Play music and clap your hands," proclaims the feast-day stikheron, "sing aloud with joy: so wondrous and fearful are Your deeds, O Christ! And who can express, O Savior, Your might, which has united the Church through our harmony of mind and concord?" (Apostikha).

What a profound and clear idea lies at the basis of our feast day! Our harmony of mind and common belief in the truths of faith revealed to us by God have united that which has been put asunder, have healed the terrible affliction of division, and have again made whole the Body of Christ, thus ensuring the triumph of the Universal Church.

How is this holy accord and singleness of mind of Christians manifested? In the very holy of holies of the Christian faith: the firm and unwavering faith and conviction in our Lord Jesus Christ as the True and Perfect God and Perfect Man.

Once again our Holy Church is filling the hearts and minds of her children with an awareness of the triumph of ecumenical faith. Each and every heresy is a denial of either the Divine or the Human nature of the Founder of our faith, the God-Man, Jesus Christ. "True faith," says St. Athanasius the Great, "consists in believing and confessing that our Lord Jesus Christ, the Son of God, is the God-Man—God, consubstantial and begotten of the Father in pre-eternity, and Man, born of the substance of the Mother within time. Perfect God and Perfect Man.... This is ecumenical faith. Whosoever will not steadfastly nurture the seed of faith cannot be saved" ("An extensive homily on faith").

Christians, as members of the Church of Christ, must bear witness to the world through their life, deeds and work: "professing salvation by deed, word, and images" (Ikos of the Feastday). Immersing our minds and hearts in the teachings of the Orthodox Church, we must ask ourselves in these days of penance: is our faith firm and well-founded, is our life pleasing to God, and do we have a living communion with the Mother Church through her Sacraments, prayers and teachings?

Thus it is with good reason that the Holy Church in today's Gospel reading has given us the outline of true Christians in the persons of the Holy Apostles Philip and Nathaniel, in whose thoughts there is no cunning, whose words are straightforward, and whose lives and deeds are pure and holy. From the moment they believed in Christ our Savior, they devoted their entire lives to His service.

Thus we too, brothers and sisters, must profess our Orthodox Faith not by acceptance of Christ's teachings alone, but also by leading righteous lives before God. Preserve and embody these few truths of faith revealed to us by God, "imprinting them into your memory like a seal. They will serve you as an invincible wall against slanderers, and will provide a fortress for your soul" (St. Basil the Great, "Homily on Faith"). Thus does the Holy Orthodox Church preach to us in the days of Great Lent, in celebrating the Triumph of Orthodoxy. Amen.

*The Living Word*

A.G.B

On this day the Church commemorates the final ending of the Iconoclast controversy and the definitive restoration of the holy icons to the churches by the Empress Theodora, acting as Regent for her young son Michael III. This took place on the first Sunday in Lent, 11 March 843. There is, however, not only an historical link between the first Sunday and the restoration of the icons but also a spiritual affinity. If Orthodoxy triumphed in the epoch of the Iconoclast controversy, this was because so many of the faithful were prepared to undergo exile, torture, and even death, for the sake of the truth. The Feast of Orthodoxy is above all a celebration in honour of the martyrs and confessors who struggled and suffered for the faith: hence its appropriateness for the season of Lent, when we are striving to imitate the martyrs by means of our ascetic self-denial. The fixing of the Triumph of Orthodoxy on the first Sunday is therefore much more than the result of some chance historical conjunction.

The Triodion gives the text of a special 'Office of the Triumph of Orthodoxy', which is held at the end of Matins or, more commonly, at the end of the Divine Liturgy on this Sunday. The Office celebrates not only the restoration of the holy icons but, more generally, the victory of the true faith over all heresies and errors. A procession is made with the holy icons, and after this extracts are read from the synodical decree of the Seventh Ecumenical Council (787). Then sixty anathemas are pronounced against various heretics dating from the third to the fourteenth century; 'Eternal Memory' is sung in honour of the emperors, patriarchs and fathers who defended the Orthodox faith; and 'Many Years' is proclaimed in honour of our present rulers and bishops. Unfortunately in many parts of the Orthodox Church today this impressive service has fallen into disuse; elsewhere it is performed in a greatly abbreviated form. Before the Triumph of Orthodoxy came to be celebrated on the first Sunday, there was on this day a commemoration of Moses, Aaron, Samuel, and the prophets. Traces of this more ancient observance can still be seen in the choice of Epistle reading at the Liturgy (Hebrews 11: 24-6, 32-40), and in the Alleluia verse appointed before the Gospel: 'Moses and Aaron among His priests, and Samuel among them that call upon His Name'.

### Saints of the Week

**12 / 25 February — St Meletius, Archbishop of Antioch** - this great and holy man was an outstanding interpreter and defender of Orthodoxy. The whole of his life was devoted to the fight against the Arian heresy, which did not recognise the Son of God and blasphemed against the Holy Trinity. He was three times removed from his archiepiscopal throne by the heretics, and driven off into Armenia. The struggle between the Orthodox and the heretics became so bitter that once, while St Meletius was preaching to the people in church on the divine Trinity in unity, his own deacon, a heretic, ran up to the bishop and shut his mouth with his hand. Being unable to preach with words, Meletius preached by signs. Thus, he raised his arms on high, opened three fingers to their fullest extent and showed them to the people, then closed his hand and raised the one fist. He took part in the Second Ecumenical Council in 381, where the Emperor Theodosius showed him specially great honour. At that Council, God showed a mystery through His archbishop. When Meletius was propounding the doctrine of the Holy Trinity to the Arians, he first raised three fingers, separated one by one, then brought them together; and at that moment lightning flashed from his hand before the gaze of all present. At that Council, Meletius established Gregory the Theologian in the seat of Constantinople. While the Council was still in session, St Meletius finished his earthly course in Constantinople. His relics were taken to Antioch.

**St Alexis, Metropolitan of Moscow** - a great hierarch of the Russian Church in a difficult period of Tartar oppression of the Russian people. Once in childhood he went bird-hunting, then went to sleep and in a dream heard a voice that said: 'Alexis, why rush around so fruitlessly? I will teach you to catch men!' He became a monk at the age of twenty, and in time became Metropolitan of Moscow. He twice went among the 'Golden Horde' of the Tartars, once to sooth the wrath of Verdevir Khan against the Russian people, and the second time at the invitation of Amurat Khan, to cure his wife's blindness. This woman had been blind for three years, but was healed and her vision restored when Alexis prayed and anointed her with holy water. After a life of great endeavour and fruitfulness, Alexis entered into rest in 1378 at the age of 85, and went to the court of the Lord.

**New Martyr Alexis (Bui)** - in 1926, he took over administration of Voronezh diocese. He was tall and thin, an inspired preacher, a great father and true monk. He did not have a theological education, and had been superior of a monastery in Kozlov. He celebrated the Divine services with heedful concentration. In mid 1927 the Declaration of Metropolitan Sergius was published, and Voronezh was divided like all of Russia. All eyes were on Bishop Alexis, and he responded with a bold rejection of the Declaration and his announcement that he had chosen to be a follower of Metropolitan Joseph of Petrograd. For his epistle Bishop Alexis was suspended, and then on February 21, 1930 he was arrested by the GPU, dying in prison. Soviet researchers have made Bishop Alexis out to be the founder of a 'sect' called the "Buevtsy" (Bui-ites). It is clear from the material, however, that this movement was simply the local part of a larger catacomb movement amongst Orthodox Christians in Russia. Thus we can see the considerable influence of Bishop Alexis on the future development of the True Orthodox or Catacomb Church in Russia. Holy New Martyr Alexis, pray for us! Our Holy Mother Mary (Marius); St Antony, Patriarch of Constantinople. St Callia; St. Ethilwald of Lindisfarne (740).

**13 / 26 February — Our Holy Father Martinian** - The life of this saint is wonderful beyond measure and is worth reading in full. What did he not endure to fulfil the Law of God? At the age of eighteen, he went off into a mountain in Cappadocia called the Ark and there spent 25 years in fasting, vigils and prayer, and struggling with manifold temptations. When a woman came to tempt him and he saw that he would fall into sin with her, he leapt barefoot into the fire and stood in it until the pain brought forth tears from his eyes and he had killed all lust within himself. When other temptations arose, he fled to a lonely rock in the sea and lived there. When, though, in a shipwreck, a woman swam to the rock, he leapt into the sea intending to drown himself. But a dolphin took him upon its back and brought him, by God's providence, to the shore. He then decided to make nowhere his permanent home but to travel incessantly. Thus he passed through 164 towns in two years, exhorting and advising the people. He finally arrived in Athens, where he died in 422. Ss Zoa and Photinia; Our; Our Holy Father Simeon, the Outpourer of Myrrh; St. Modomnoc, bishop of Ossory (6th c.)

**14 / 27 February — St. Cyril, Equal-to-the-Apostles, Teacher of the Slavs** - brother of Methodius, originally from Salonica of eminent and wealthy parents, Leo and Maria. When the Khazarite king, Kagan, sought preachers of the Christian faith from the Emperor Michael, the Emperor commanded that these two brothers be found and sent to the Khazars. They converted Kagan and baptised him together with a great number of nobles and an even greater number of the people. After some time they compiled a Slavic alphabet of 38 letters and began to translate the service books from Greek to Slavonic. At the invitation of Prince Radtislav they went to Moravia, where, with great devotion, they spread and confirmed the Faith. They went to Rome at the invitation of the Pope and Cyril fell ill and died there in 869. Our Holy Father Auxentius; Our Holy Father Isaac the Recluse of the Kiev Caves.

**15 / 28 February — Apostle Onesimus of the Seventy (ca 109)** - he was a slave of Philemon, a rich and distinguished citizen of Colossae in Phrygia. He offended his master in some way and fled to Rome, where he heard the Gospel from the Apostle Paul and was baptised. By this time, Paul had brought Philemon also to the true Faith, and he reconciled the two of them, Philemon and Onesimus, master and slave, writing a special epistle to Philemon—one of the most moving writings to be found in the New Testament: 'I beseech thee for my son Onesimus, whom I have begotten in my bonds . . . Perhaps he departed for a season, that thou shouldst receive him for ever, not now as a servant, but above a servant; a brother beloved.' Deeply moved by this letter, Philemon received Onesimus as a brother indeed and gave him his freedom. Onesimus was later made bishop and received the see of Ephesus after the death of the Apostle Timothy. This is recorded in the epistles of Ignatius the God-Bearer. At the time of the persecution under Trajan, Onesimus, by then an old man, was arrested and taken to Rome. There he testified before the judge Tertylus, was imprisoned and finally slain. A wealthy woman took his body, placed it in a silver coffin and buried it, in the year 109; Our Holy Father Eusebius; St. Oswy, king of Northumbria (670)

**16 February / 1 March — TWELVE HOLY MARTYRS WHO SUFFERED DURING THE REIGN OF EMPEROR DIOCLETIAN** - Pamphilus, the first of the martyrs, was a presbyter of the church at Caesarea in Palestine. He was a learned and devout man who corrected the text of the New Testament from the errors of the various copiers. He alone, recopied this salvific book and gave it to those who desired it. The second was the Deacon Valentine, old in years and grey in wisdom. He was an excellent authority of Holy Scripture and knew them completely by heart. The third was Paul, an honourable and distinguished man who, during a previous persecution, was cast into the fire for Christ. Besides them, there were five brothers, according to the flesh and spirit, who were born in Egypt and were returning to their homeland after being forced to work in the mines of Cilicia. At the gates of Caesarea they declared that they were Christians for which they were brought to court. To the question: "What are your names?" They responded: "The pagan names which our mother gave to us, we discarded and we call ourselves: Elijah, Isaiah, Jeremiah, Samuel and Daniel." To the question: "Where are you from?" They responded: "From Jerusalem on High." All of them were beheaded and with them a young man Porphyrius who sought the bodies of the martyrs in order to bury them. Porphyrius they burned alive as well as Seleucus, formerly an officer who had approached and kissed the martyrs before the sword fell on their heads. Also the aged Theodulus, a servant of a Roman judge, who, during the funeral kissed one of the martyrs. Finally Julian, who revered and praised the lifeless bodies of the martyrs. And so they gave little for much, the inexpensive for the precious and mortality for immortality and took up habitation with the Lord in the year 308 A.D. The Holy Venerable Martyr Roman – a simple and illiterate peasant from Carpenesion. Learning of the heroism and glory of the martyrs of Christ, the young Roman desired martyrdom for himself. He went to Thessalonica where he began to praise the Faith of Christ on the streets and referred Islam as a fable. The Turks tortured him horribly and then sold him to a galley captain. Christians ransomed him from the captain and sent him to the Holy Mountain [Athos] where he was tonsured a monk by the illustrious Elder Acacius. But Roman further desired martyrdom for Christ. With the blessing of the Elder Acacius, Roman traveled to Constantinople pretending insanity and began to lead a dog along the Turkish streets. To the question: "What are you doing?" Roman responded that he is feeding the dog as Christians feed the Turks. The Turks threw him into a dry well, where he remained without bread for forty days. They then removed him from the well and beheaded him. A light emanated from his body for three days. An Englishman removed his body and took it to England. A certain monk dipped a towel in the blood of the martyr. This towel is preserved, even today, in the Dochiariu Monastery [Mt. Athos]. This glorious soldier of Christ suffered in the year 1694 A.D.

**17 February / 2 March — St. Theodore the Tyro** - 'Tyro' means 'Recruit'. No sooner had St Theodore entered the Marmarite regiment of the army in the town of Amasea than a persecution of Christians broke out under the Emperors Maximian and Maximinus. Theodore did not attempt to conceal that he was a Christian, and was brought to trial and imprisoned in a prison that was then locked and sealed. The wicked judge intended him to die of hunger, but the Lord Christ Himself appeared to Theodore in the prison and encouraged His martyr with these words: 'Fear not, Theodore; I am with thee. Take no more earthly food and drink, for thou shalt be in the other life, eternal and unending, with Me in heaven.' Then a multitude of angels appeared in the prison, and the whole place shone with light. The warders on duty saw the angels in white apparel and were

filled with fear. Then St Theodore was taken out, tortured and condemned to death. He was thrown into fire, and gave his soul to the most high God. He suffered in 306. Our Holy Fathers Theodosius the Bulgarian and Romanus; St Mariamna (Maria); **St. Finan, bishop of Lindisfarne** - Irish by birth, St. Finan of Lindisfarne became a monk at Iona and upheld the Celtic traditions against the encroachment of Roman usage. Finan baptised Penda, ruler of the Middle Angles, and Sigebert, ruler of Essex. Elected bishop of Lindisfarne in 651, Finan sent missionaries to Mercia and to Essex. He also debated Ronan, an Englishman, about the correct way to calculate the date of Easter. On the Holy Island, he built a wooden cathedral, the roof of which was thatched with seagrass. (A later abbot removed the thatching and covered the building with lead). Finan died in 661, and St. Cuthbert succeeded him as abbot.

**18 February / 3 March — The "Holy Night" of Russian Monasticism.** The 'Holy Night', so called by the people, was on the night of the 17-18 February, 1932. It is a radiant yet terrible date, the Passion Friday of Russian Monasticism - ignored by all and almost unknown to the whole world - when all of Russian monasticism in a single night disappeared in to the concentration camps. It was all done in the dead of night and with the full knowledge of Metropolitan Alexis (later appointed Patriarch Alexis I of Moscow under the Communists) - about which there is sufficient evidence. In Leningrad there were arrested: 40 monks of the St Alexander Nevsky Lavra; 12 monks of the Kiev metochion (the other monks had all been arrested in 1930); 10 monks from the Valaam metochion; 90 nuns of the Novodevichi Convent; 16 nuns of Abbess Taisia's Leushinsky metochion; 12 monks from St Theodore's Cathedral; 8 monks from the "Kinovia" of the St Alexander Nevsky Lavra's "Big Okhotko"; a hundred or so monastics from various other Leningrad churches. In all - 318 people. That same night all the monks and brethren of the St Macarius the Roman Monastery were arrested and brought to Leningrad as vicious criminals whose very presence was a threat to society; they were treated as deadly insects whose presence must be stamped out. The wave of arrests, like thunder, rolled over the Russian land, striking chiefly the monastic population which so recently had been the glorious guardian of the nation's morals and values. It also struck many of the white (parish) clergy and laymen who, in one way or another, were close in spirit to monasticism. For example, the flaming sermons of the parish priest Father Alexander Medvedsky were the cause of his arrest. All were sent to the Kazakhstan region from where almost no one ever returned.

**Papa-Nicholas Planas** - was born on the island of Naxos, the only son of a well-to-do family. He moved to Athens with his mother and sister at the age of 14 following the death of his father. He married at the age of 17, but his wife died giving birth to their first child. Soon afterwards, in 1879, he was ordained a deacon, and five years later, a priest. For fifty years without a break he celebrated liturgy daily from eight in the morning till three in the afternoon. His joy and his life was to celebrate Liturgies, Vigils, Vespers, Canons, Blessings of the Waters, Holy Unction, and Memorial Services. Many times he would say with simplicity, "I will chant unto the Lord for as long as I have my being". He was a great faster, eating only once a day, in the evenings. He would commemorate names for hours on end - sometimes 2000 at a time. First deceased patriarchs, metropolitans, priests, deacons, monastics, and the people of Naxos & Athens. He would tie the lists of names into a big bundle and carry them close to his heart. He was patient & long-suffering, enduring all manner of trials and insults. He quietly observed the Old Calendar and the ways of True Orthodox Christianity. He had no attachment to earthly things, and passed his whole life without acquiring anything. There were many miraculous occurrences during his life, as those close to him have testified, and there are many reports of healings through his prayers and contact with his relics after his repose. He reposed in February 1932 at the age of 81, following a short illness. He shines forth as one of the great saints of the 20th Century. Holy Papa-Nicholas, pray for us!

Tropar of Papa-Nicholas Planas, Tone 5: Let us praise our protector, the godly Nicholas; as one endowed with blest virtue, he shone forth as a true priest of the Most High God, and was his fervent worshipper. For, by his holy life on earth, he hath left us most sublime, divine and unailing teachings of long suffering, meekness, patience, unfeigned humility and true God-like love.

Kondak of Papa-Nicholas Planas, Tone 3: Humble of spirit and pure of heart, illustrious in life and dispassionate of a truth, wast thou, O wise one. Thou didst illumine all by thy virtues and dost grant grace unto them that draw nigh unto thee; and by thine intercessions, thou dost heal them that call upon thee, O Father Nicholas. St Leo the First, Pope of Rome; St Flavian;

**St. Colman, bishop. of Lindisfarne** - An Irish bishop of Lindisfarne, England, a disciple of St. Columba. He was born in Connaught, Ireland. At the Synod of Whitby Colman defended the Celtic ecclesiastical practices against St. Wilfrid and St. Agilbert.

## **Lenten Synaxarion**

### **The Triumph of Orthodoxy Sunday**

**I rejoice when I see  
the veneration due the icons  
once so ignominiously rejected.**

On this first Sunday of Great Lent, the Sunday of Orthodoxy, the Church of Christ celebrates the restoration of the holy and venerable icons by the Emperor Michael, the holy and blessed Empress Theodora and the Holy Methodius, Patriarch of Constantinople.

Through God's indulgence Leo the Isaurian, a swineherd and keeper of donkeys, inherited the scepter of the kingdom. At that time Saint Germanus was at the helm of the Church. Leo sent for him and said, "Since it seems to me that there is no

difference between the holy icons and idols, command that they be removed immediately from among us. Although if they are true likenesses of the saints, let them be hung higher on the walls so that we who are wallowing in sins do not defile them by venerating them." But the Patriarch responded thus to the Emperor's abomination, "O King, we have heard of someone who once raised his hand against the holy icons. He was called Conon. Could you be this man?" The emperor said, "I was so called as a child." And since the Patriarch refused to obey the emperor, he deposed him and installed Anastasius, who sympathized with him. And so at that time began the struggle against the holy icons.

After this Leo Constantine Copronymus became heir to the kingdom as well as to the savage attacks against the holy icons. And what can be said about the number and kind of deeds that lawless man committed except that he came to a most shameful end. His son, whose mother was a Khazar, inherited the kingdom after him, and he also came to a bad end. Irene and Constantine then ascended the throne. At the direction of the holy Patriarch Tarasius they assembled the Seventh Council, and the holy icons were once more accepted by Christ's Church. After they relinquished the kingdom, Nicephorus ascended to the throne. After him there were Stauracius and then Michael Rhangabe, who were both iconodules.

The beast-like Leo the Armenian seized the throne from Michael, and, having been misled by an impious hermit, began the second iconoclasm. And once more the Church was bereft of Her beauty. Michael Amorius succeeded him, whose son Theophilus then for the second time directed this madness against the icons. For it was this Theophilus who gave many of the Holy Fathers over to torments and tortures, seeking the truth about the holy icons and believing whatever he would. "If there be anyone in the city intent on uprising, then he will be caught not long after I am told." And after reigning for 12 years, he was stricken with an intestinal disorder so that he desired to relinquish his life. His mouth opened so wide, that his internal organs were visible.

The empress was so upset at what had happened, that she could barely sleep. And in a dream she beheld the most pure Theotokos holding the pre-eternal Child, surrounded by most luminous angels. They were striking Theophilus her husband and humiliating him. Now when her dream had passed and Theophilus had come to his senses, he cried, "Woe is me in my wretchedness, I am struck for the sake of the holy icons." And immediately the empress held an icon of the Theotokos above him and entreated her with tears. And Theophilus, so inclined, saw that one of the clergy surrounding him had an engolpion, which he grabbed and kissed. Now as soon as his lips touched the icon, and he opened wide his mouth, he returned to normal and was relived of the adversity and affliction and fell asleep, after confessing that it is good to venerate the holy icons. Then the empress, fetching the holy and precious images from her bedchamber, convinced Theophilus to kiss them and venerate them with all his heart. A short while afterwards Theophilus departed this life. Theodora then commanded that all who were in exile and in prison be freed. John was deposed from the patriarchal throne, since he was more a sorcerer and demon worshiper than patriarch. Then Methodius, a confessor of Christ, ascended the throne, having suffered much through having been closed up in a tomb alive.

While he was there, Ioannicius the Great, who was practicing asceticism on Mount Olympus, received a divine visitation. The great faster Arsaacius came to him and said, "God has sent me to you, that we might go to the righteous Isaiah the recluse in Nicomedia and learn from him what God desires and what is fitting for His Church." Now when they came to the venerable Isaiah, he said to them, "Thus saith the Lord: Behold, the end is approaching for the enemies of My image. Go to the empress Theodora and to the Patriarch Methodius and tell them: 'Cease to do what is not holy, and offer sacrifice to Me with the angels by venerating the countenance of My image and of the Cross'." Hearing this they immediately left for Constantinople and announced what had been said to Patriarch Methodius and all God's assembled people. The assembly then went to the empress and found her agreeable in all things, since this was the pious and God-loving tradition of the Fathers. The empress straightway brought out the image of the Theotokos for all to see, and venerating it, she said, "Let all be condemned who do not venerate the images, kissing them in love, not in worship as gods, but as images for the sake of the love of their archetypes. And they rejoiced with great joy. And in response she entreated them to pray for her husband Theophilus. Seeing her faith, they obeyed reluctantly. For Patriarch Methodius among the saints assembled all the people, priests and bishops and proceeded to God's Great Church. Among the assembled were Joannicius the Great from Olympus, Arsaacius, Pancratius and the disciples of Theodore the Studite, and confessors Theophanes and Theodore Graptoi, Michael of the Holy City and Singelus and many others. And they prayed to God for Theophilus in tears all night long.

Now this took place throughout the first week of the Great Fast, with the empress Theodora herself, the women and all the people taking part. Having completed the prayers, the empress Theodora retired at dawn on Friday, and dreamed that she was at the foot of the Cross, and there were several people passing noisily by, wearing various instruments of torture. As she recognized the Emperor Theophilus among those being led with his hands bound behind his back, she followed the group and its guards. When they reached the brass gates, she saw a supernatural vision, a man sitting in front of the image of Christ and Theophilus brought before him. Reaching to touch his feet, the empress prayed for the emperor. He opened his mouth and said, "Great is thy faith, O woman. Know that because of thy tears and thy faith, as well as the prayers and petitions of My servants and My priests, I grant forgiveness to thy husband Theophilus." Then He said to the guards, "Loose him and give him to his wife." And taking him, she departed rejoicing in gladness. And immediately the dream left her.

Now Patriarch Methodius, while the prayers and petitions were being offered for him, had taken a new parchment scroll and written the names of all the heretical emperors, including Theophilus, placing it under the holy altar table. But on Friday



he saw a great and terrible angel entering the temple, coming to him and saying, "Thy petition has been heard, O Bishop, and the Emperor Theophilus has received forgiveness. Trouble the Godhead about this no longer." And desiring to ascertain the truth of his vision the Patriarch descended from his place, and taking the parchment and unrolling it, he found (O, the judgments of God!) that all reference to the name of Theophilus has been erased by God.

Upon hearing this, the empress rejoiced greatly and requested the Patriarch to assemble all the people with the holy icons and crosses in the great church, so that might be adorned with the holy icons and God's new miracle could be known by all. And soon when all had gathered in the church holding candles, the empress arrived with her son. And a Litiya was served there with the holy icons and the divine and precious wood of the Cross and with the sacred and divine Gospels. And leaving the church, calling out, "Lord, have mercy," they processed the agreed mile. Then they returned to the church, where Divine Liturgy was celebrated.

When the holy and precious icons were returned to their place, the holy men mentioned earlier and the pious Orthodox rulers were glorified, and those impious people who did not accept the honor of the holy icons were anathematized and condemned. And from that time these holy confessors appointed the annual commemoration of this solemnity, so that we might never again fall into a similar ignominy.

**O unchanging Image of the Father,  
through the prayers of Thy holy confessors,  
have mercy on us.  
Amen.**

## HOMILY

### About repentance and the forgiveness of sins

"And that repentance and remission of sins should be preached in His Name" (St. Luke 24:47).

This is the final instruction of the Saviour to the holy apostles. In these words as in the shell of a walnut, is contained the gospel of reconciliation between God and men. What does God seek from men and what does God give them? He seeks repentance and He grants forgiveness of sins. He seeks little but He gives all. Let men only repent for committed sins and let men cease to sin and men will receive all from God; all; not only all that their hearts could desire rather even more, much more. In truth, to the righteous everything is promised. The righteous will be the inheritors of the Kingdom of God, they will be the sons of God, and they will be the children of light, the children of immorality, companions to the angels, brothers of Christ. The righteous will have an abundant life, an abundance of peace, an abundance of wisdom, an abundance of power and an abundance of joy. The righteous will have all, for all has been promised to them.

Let men only repent and they will receive all. Let the beggar only cleanse himself, bathe himself and clothe himself in purity before the doors of the royal court and he will be immediately ushered into the royal court and he will be met and embraced by the king and he will have all. He will live with the king, sit at the royal table; he will have all, all, all!

O my brethren, these are not only words rather this is the living and holy truth. For we know that many penitents, both female and male, received all of this, which was promised. Many have appeared from the other world and have proved the truth of these words, witnessing how they now live as royal sons and daughters. But they repented promptly; and there remains time for us to repent if we desire to be together with them as the heirs of the kingdom.

O Merciful Lord, help us that we may repent before death in order that we may live eternally.

To You be glory and thanks always. Amen

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