

# Thomas Sunday

## Second Sunday of Pascha

2 / 15 April



**Troparion of Thomas Sunday, Tone 7:** While the tomb was sealed, Thou, O Life, didst shine forth from the grave, O Christ God. And while the doors were shut, Thou didst come unto Thy disciples, O Resurrection of all, renewing through them an upright Spirit in us according to Thy great mercy. Glory to the Father, and to the Son, and to the Holy Spirit, both now and ever, and unto the ages of ages. Amen.

**Kontakion of Thomas Sunday, Tone 8:** With his searching right hand, Thomas did probe Thy life-bestowing side, O Christ God; for when Thou didst enter while the doors were shut, he cried out unto Thee with the rest of the disciples: Thou art my Lord and my God.

**The Holy and Glorious Apostle Thomas** - He was one of the twelve Great Apostles. Through his doubt of the Resurrection of the Lord Christ, a new confirmation was given of that wonderful and saving event, for the risen Lord appeared again to His disciples, to convince Thomas. The Lord said to Thomas: Reach hither thy hand, and thrust it into My side; and be not faithless, but believing', and Thomas cried: 'My Lord and my God! (John 20). After the descent of the Holy Spirit, when the apostles cast lots to see who would go where to preach the Gospel, it fell to Thomas to go to India. He was somewhat saddened at having to go so far away, but the Lord appeared to him and comforted him. In India, St Thomas converted many, both rich and poor, to the Christian faith, and founded a Church there, making priests and bishops. Among others, St Thomas converted two sisters, Tertiana and Mygdonia, wives of Indian princes. Both sisters were ill-treated for their faith by their husbands, who would not live with them after their baptism, and divorced them. Being freed from their marriages, they lived godly lives till their deaths. Dionysius and Pelagia, a couple at first betrothed to each other, heard the Apostle's teaching and did not live together, but devoted themselves to the ascetic life. Pelagia died a martyr for the Faith and Dionysius was made bishop by the Apostle. Prince Misdaeus, the husband of Tertiana, whose wife and son Iuzanes Thomas baptised, condemned the Apostle to death, and sent five soldiers who ran him through with their lances, and thus the holy Apostle Thomas gave his soul into the hands of his Christ. Before his death, he, with the other apostles, was miraculously borne to Jerusalem for the funeral of the most holy Mother of God. Arriving late, he grieved bitterly and, at his request, the tomb of the Most Pure was opened, but the body was not there; the Lord had taken His Mother to His heavenly home. Thus St Thomas first, by his unbelief, confirmed the faith in the Resurrection of the Lord and then, by his late arrival, revealed to us the wondrous glorification of the Mother of God.

### Matins Gospel I

**Epistle: St. Acts of the Apostles 5: 12 -20**

And through the hands of the apostles many signs and wonders were done among the people. And they were all with one accord in Solomon's Porch. Yet none of the rest dared join them, but the people esteemed them highly. And believers were increasingly added to the Lord, multitudes of both men and women, So that they brought the sick out into the streets and laid them on beds and couches, that at least the shadow of Peter passing by might fall on some of them. Also a multitude gathered from the surrounding cities to Jerusalem, bringing sick people and those who were tormented by unclean spirits, and they were all healed. Then the high priest rose up, and all those who were with him (which is the sect of the Sadducees), and they were filled with indignation, And laid their hands on the apostles and put them in the common prison. But at night an angel of the Lord opened the prison doors and brought them out, and said, "Go, stand in the temple and speak to the people all the words of this life."

### MANY SIGNS AND WONDERS WERE DONE AMONG THE PEOPLE

For though the Apostles themselves modestly ascribe it all to this cause, declaring that they did these things in the name of Christ, yet at the same time the life and noble conduct of the men helped to produce this effect ...Observe how he now no longer tells the number of those who believe: at such a rate was the faith making way even to an immense multitude, and also widely was the Resurrection proclaimed. So then 'the people magnified them': but they were now no longer lightly to be despised as once they were: for in a little moment, at a single turn of the scale, such have been the effects produced by the fisherman and the publican! Earth had become a heaven, for manner of life, for boldness of speech, for wonders, for all: like angels they were looked upon with wonder.

*St. John Chrysostom. Homily XII on Acts V B#55. p. 78.*

## The Gospel According To St. John 20: 19-31

Then, the same day at evening, being the first day of the week, when the doors were shut where the disciples were assembled, for fear of the Jews, Jesus came and stood in the midst, and said to them, "Peace be with you." When He had said this, He showed them His hands and His side. Then the disciples were glad when they saw the Lord. So Jesus said to them again, "Peace to you! As the Father has sent Me, I also send you." And when He had said this, He breathed on them, and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained." Now Thomas, called the Twin, one of the twelve, was not with them when Jesus came. The other disciples therefore said to him, "We have seen the Lord." So he said to them, "Unless I see in His hands the print of the nails, and put my finger into the print of the nails, and put my hand into His side, I will not believe." And after eight days His disciples were again inside, and Thomas with them. Jesus came, the doors being shut, and stood in the midst, and said, "Peace to you!" Then He said to Thomas, "Reach your finger here, and look at My hands; and reach your hand here, and put it into My side. Do not be unbelieving, but believing." And Thomas answered and said to Him, "My Lord and my God!" Jesus said to him, "Thomas, because you have seen Me, you have believed. Blessed are those who have not seen and yet have believed." And truly Jesus did many other signs in the presence of His disciples, which are not written in this book; But these are written that you may believe that Jesus is the Christ, the Son of God, and that believing you may have life in His name.

### RECEIVE THE HOLY SPIRIT

For great is the dignity of the priests. 'Whosoever sins,' it says, 'you remit, they are remitted unto them' ...And hold them very exceedingly in honour ...The priest, even if he rightly orders his own life, if he does not have an anxious care for yours, yes and that of all those around him, will depart with the wicked into hell; and often when not betrayed by his own conduct, he perishes by yours, if he has not rightly performed his part... 'For they watch out for your souls, as those who must give account' (Heb.13:17)...For this is the Faith, to receive things not seen, since 'Faith is the substance of things hoped for; the evidence of things not seen' (Heb. 11:1).

*St. John Chrysostom. Homily LXXXVI, 4 and LXXXVII, 1 on John XX. B#58, pp. 326,327*

"But Thomas, one of the twelve, called Didymus, was not with them when Jesus came. The other disciples therefore said unto him, We have seen the Lord. But he said unto them, Except I see in His hands the print of the nails, and put my finger into the print of the nails, and thrust my hand into His side, I will not believe (Jn. 20:24-25).

What does this mean, his "I will not believe"? Is it possible he could not believe the other eleven Apostles, his brothers? Is it possible they could lie to him? The whole evangelical life of Christ, all His miracles, Golgotha, the death on the Cross, they had experienced together. And now this joy which they all had experienced they wanted to share with him. No, this was not a lie.

But He, Whom they had seen, was He really the same Christ? Was this not a vision or some other Christ? Was this not a mistake? And Thomas was afraid to lose what he had. And what did he have? This is what: during the years of fellowship with Christ, he had absorbed His teaching, the entire makeup of His life; and by now he was incapable of living any other way. It was painful for him not to have personal fellowship anymore with Christ; but by this time he understood that Christ came to earth in order to teach us the main commandment of God: love for God and neighbour, to perform it Himself, and to give us the strength to fulfill it.

In Paradise the first man fulfilled the commandment of God. The strength to fulfill this commandment of God he drew from eating the fruits of the Tree of Life. But then came the Fall. Paradise was lost, the Tree of Life was lost, and together with it, the strength for a godly life. And Christ came in order to give us the New Testament Tree of Life—His Body and Blood. "This do in remembrance of Me," He said at the Last Supper (Lk. 22:19).

Thomas knew the commandments of Christ, and he knew where to draw the strength to fulfill them. He lived this. Although he lived without the human presence of Christ, he lived in Christ. He was afraid to make a mistake. What if another Christ had appeared to the disciples, not the One in Whom he lived and continued to live? This is what his "I will not believe" meant. And on the eighth day after His Resurrection, the Lord again appeared to His disciples, while Thomas was also in the house, and allowed him to touch His wounds. And here resounded Thomas's triumphant cry, which even now stirs our hearts: "My Lord and my God!" (Jn. 20:28). And here are the words of Christ which relate to you and me, opening a new era of faith which will remain until the end of the world: "Because thou hast seen Me, thou hast believed. Blessed are they that have not seen, and yet have believed... But these are written," adds the Apostle John the Divine, "that ye might believe that Jesus is the Christ, the Son of God; and that believing ye might have life through His name" (Jn. 20:29, 31).

*The One Thing Needful - Archbishop Andrei*

## Saints of the Week

**2 / 15 April — Our Holy Father Titus the Wonderworker** - He conceived a love for Christ from his earliest years, and despised the vanities of the world. For His sake, he left the world, went off to a monastery and received the angelic habit. With not a backward glance, he gave himself to the sober and narrow way of monasticism. Through great patience, he attained the two basic virtues of humility and obedience, and in these virtues he exceeded 'not only the brethren, but all men'. He preserved his purity of soul and body right from his youth. In the time of the iconoclast heresy, he was seen to be a steadfast pillar of the Church of God. For his great humility and purity, he was endowed by God with the gift of wonderworking, both in his lifetime and after his death. And when he went to the Lord, he left a large number of disciples behind him. He entered peacefully into rest in the 9th century;

**The Holy Martyrs Amphianus, and Edesius** - These two young men were blood brothers from the city of Patara of distinguished but pagan parents. While they were studying the secular sciences in the city of Beirut, they were enlightened by the Spirit of God, and acknowledging the falsehood of paganism, discerned the truth of Christianity. When they returned home they could no longer live with their pagan parents and kinsmen and secretly fled to Caesarea in Palestine to the presbyter Pamphilius, renowned for his sanctity and spiritual learning. With Pamphilius, they studied the Law of God day and night and practiced Christian asceticism. It is said of Pamphilius that he was twenty years old according to the flesh but, in understanding and generosity, he was a hundred years old. When a persecution began during the reign of Maximian, many Christians fled the city and hid themselves. Others, willingly and rejoicingly, gave themselves into the hands of the persecutors in order to suffer for the Name of Him, Who first suffered for them. Amphianus was among the latter. Unafraid, he entered a pagan temple where Prince Urban was offering sacrifices to the idols, grabbed the prince by the hand which was holding the sacrifice and cried to him to refrain from serving and making sacrificial offerings to dead idols and to acknowledge the True God. Some of the pagans who heard these words and witnessing the great courage of Amphianus, repented and embraced the Faith of Christ. The enraged prince subjected Amphianus to torture. Among the other tortures, they wrapped the legs of Amphianus with cotton and set them on fire. When he remained alive, they tossed his body into the sea with a stone around his neck. The sea became turbulent and hurled his martyred body back into the city. At first, Edesius was sent to a copper mine in Palestine and was later taken to Egypt. In Alexandria, Edesius was filled with holy zeal against a certain Prince Hierocles who, in the market place, assembled Christian nuns, maidens and virtuous women and handed them over to the most shameful perverts for derision. Edesius, filled with holy zeal, struck the disgraceful prince. For that, he was tortured and drowned in the sea as was his brother Amphianus. As two innocent lambs, they were sacrificed for Christ about the year 306 A.D. and were translated to the glorious mansions of the Lord.

**3 / 16 April — St Nicetas the Confessor** - He was born in Bithynia, in the town of Caesarea. His father, Philaret, losing his wife, became a monk. Nicetas remained with his paternal grandmother. After he had grown up and finished his schooling, he went to a monastery in Midikion, where Nicephorus, the abbot, tonsured him as a monk. After seven years of toil and asceticism, he was ordained hieromonk by Patriarch Tarasius. After the deaths of Nicephorus and Nicetas's great friend, Athanasius, the brethren chose Nicetas as abbot, much against his will. St Nicetas was a holy example of life and asceticism to his brethren for many years. But when Leo V, the Armenian, came to the throne, following the devout Empress Irene and the pious Emperors Nicephorus and Michael, the iconoclast heresy sprang up again. The Emperor deposed Patriarch Nicephorus and sent him into exile, and in his place put a heretic, Theodotus Cassiteras, a man of impure life. Nicetas was imprisoned and tortured, but remained unwavering in his Orthodoxy. He was taken from prison to prison and tortured by hunger and thirst, by cold and heat and malice. But he remained utterly unwavering. A certain Nicolas pestered him particularly with his derision and malice. But one night the dead father of this Nicolas appeared to him in a dream and said: 'Leave that servant of God alone!' From that moment Nicolas repented, and not only refrained from pestering him but prevented others doing likewise. When the Emperor Leo the Armenian had made an evil end, the throne passed to the Orthodox Emperor Michael Balbus, who freed all the Orthodox sufferers. Nicetas retired to a lonely place near Constantinople, where he spent the remaining days of his earthly life in prayer and thanksgiving to God. When he died, his body was taken to his monastery and, during that journey, many of the sick, on touching his body, were healed. His relics were placed close to the graves of his spiritual father, Nicephorus, and his friend Athanasius. This great hierarch entered into rest in 824; St Paul the Wretched;

**The Holy Martyr Ulphianus** - a young man from the city of Tyre. He suffered for Christ at the hands of Urban, the mayor of the city of Tyre, who also was the torturer of Amphianus [April 2]. Finally, he was tied in a sack along with a dog and a snake and tossed into the sea. He suffered and was glorified in the year 306 A.D.

**4 / 17 April — Our Holy Father Joseph the Hymnographer** - He was born in Sicily of devout and virtuous parents, Plotinus and Agatha. After the death of his parents, he moved to Salonica, where he became a monk. As a monk, he was an example to all in fasting, restraint, ceaseless supplication, psalmody, vigils and toil. The Bishop of Salonica ordained him hieromonk. The famous Gregory of Decapolis, visiting Salonica, loved Joseph with heart and soul for his rare character, and took him back with him to his monastery in Constantinople. When the flame of iconoclasm sprang up again under Leo the Armenian, Joseph was sent to Rome to call the Pope and the Roman Church to battle for the true Faith. But pirates captured him on the way and took him to Crete, where he was kept in prison for six years by the heretics. Joseph rejoiced that he was made worthy to suffer for Christ, and thanked God constantly, regarding the iron chains with which he was bound as golden ornaments. In the sixth year, around Christmas, the wicked Emperor was murdered at the morning service in church. At the same moment, St Nicolas appeared to Joseph in the prison and said to him: 'Get up and follow me.' Joseph felt himself lifted up in the air, and found himself all at once in Constantinople. His arrival was a source of rejoicing to all the Orthodox faithful. He composed Canons and hymns for many of the saints. He had the gift of insight, because of which Patriarch Photius made him spiritual father and confessor to his priests, recommending him as 'a man of God, an angel in the flesh, a father of fathers'. In great old age, he gave

his soul into the hands of the God he had served so faithfully in work and song. He died peacefully on the eve of Holy Thursday in 883;

**The Holy Martyr Pherbutha** - During the reign of the Persian Emperor Saborius, St. Simeon, the bishop, was slain. At the wish of the empress, Pherbutha, the sister of Bishop Simeon, was taken to the palace. Pherbutha was exceptionally beautiful and because of that many suitors thronged to her among whom were many pagan priests and soothsayers. Pherbutha rejected them all and provoked much anger against herself. At that time, the empress became ill and all the pagan priests explained to the emperor that the empress was poisoned by Pherbutha and, as a cure for the ailing empress, they recommended the following: that Pherbutha, her sister and their slave, as Christians, be sawn and that three parts of their bodies be placed on one side and three parts on the other side and that the empress should be borne between them. The emperor agreed to the recommendation of these blood-thirsty pagan priests. Pherbutha, together with her sister and their slave, suffered for Christ in the year 343 A.D., thereby earning the incorruptible wreath in the eternal kingdom of their Lord; Our Holy Father Zossima; **Our Holy Father, the Martyr Nicetas** - a Slav from Albania. As a monk of the Holy Mountain (Mt. Athos), he went to Serres where he debated with the Mullahs about religion. Being that they could not overcome him with reason, the Turks subjected him to torture under which Nicetas, the holy one, died and gave up his soul to his God in the year 1808 A.D.

**5 / 18 April — Fast Day - The Holy Martyrs Agathopous and Theodulus** - The first was a deacon and the second a reader in the Church in Salonica; the first adorned with the white hairs of age and the second with the chastity of youth. In the time of Diocletian's hunting of Christians, these two were summoned for trial. They went there joyfully, and, each holding the other by the hand, went in crying: 'We are Christians!' The whole court's urging them to deny Christ and worship idols was in vain. After long imprisonment and starvation, they were condemned to death by drowning in the sea. Their hands were bound behind them and a large stone tied to their necks, and they were taken off to be drowned. When they went to throw Agathopous into the depths, he cried out: 'Lo, by a second baptism we are washed from all our sins, and will go cleansed to Christ Jesus!' The sea quickly threw their drowned bodies onto the shore, and Christians gave them burial. St Theodulus appeared to his friends in the form of a shining angel in white raiment and commanded them to distribute all his remaining goods to the poor. These great soldiers of Christ suffered with honour under the Emperor Diocletian and Faustinus, the governor of Salonica, in the year 303;

**Our Holy Father Mark of Trache** - also called "Mark the Athenian" because Athens was the place of his birth. His parents died after he completed his higher education in Athens. He thought to himself that death, even for himself, was unavoidable and that one should sufficiently prepare beforehand for that honourable departure from this world. Distributing all of his possessions to the poor, he sat on a plank in the sea and with a tenacious faith in God's help, prayed that God direct him wherever He wills. God, in His Providence, protected him and brought him to Lybia (or Ethiopia) to a mountain called Trache. Mark lived an ascetical life on this mountain for ninety-five years, seeing neither man nor beast. For thirty years, he waged a violent combat with evil spirits and suffered from hunger, thirst, frost and heat. He ate dirt and drank sea water. After thirty years of the most vehement suffering, the defeated demons fled from him and an angel of God began to bring him food daily in the form of bread, fish and fruit. St. Serapion visited him before his death and, afterward, made known the miraculous life of Mark. Mark asked St. Serapion: "Are there any Christians in the world now, who, if they were to say to this mountain, 'Arise from here and hurl yourself into the sea,' would it be so?" At that moment, the mountain upon which they stood moved in the direction of the sea. Mark raised his hand and stopped it. Such was the miracle-working power which this man of God possessed. Before his death, he prayed for the salvation of mankind and then gave up his soul to God. St. Serapion saw angels as they bore Mark's soul and he also saw an extended hand from heaven which received it. St. Mark lived to be one-hundred thirty years old and died about the year 400 A.D.

**6 / 19 April — St Eutychius, Patriarch of Constantinople** - Born in Phrygia of devout parents, he was the son of an officer. Once, Eutychius was playing with some other children of his own age, their game being to write their names on a wall and put beside them the rank that they reckoned they would have in life. When Eutychius' turn came, he wrote: 'Eutychius— Patriarch!' He became abbot of a monastery in Amasea at the age of thirty, and ten years later the Metropolitan of Amasea sent him to the Fifth Ecumenical Council in 553 as his representative. At the Council, he shone like a bright star among the Church fathers, both for his learning and his devotion. When a quarrel arose about whether heretics could be anathematised after their deaths or not, he supported his belief that they could by citing III Kings (A.V. I Kings) 13:1-8, and IV Kings (A.V. II Kings) 23:16. He became greatly liked by both Emperor Justinian and Patriarch Menas. The Emperor very frequently turned to him for advice, and Menas (at that time very rich) designated him his heir and asked the Emperor to ensure that this happened. And so it came to pass. Eutychius governed the Church in peace for twelve years. But then the devil raised a storm against him. This storm reached the Emperor Justinian himself. The Emperor was deluded and fell into the Monophysite heresy of Aphantartodocetism, which taught the falsehood that the Lord Jesus, before the Resurrection, had a divine and uncorrupting body, not feeling hunger or thirst or pain. Eutychius stood firmly against this heresy, for which the Emperor sent him into exile to his first monastery. There Eutychius lived for twelve years and eight months, being shown to be a great wonder-worker, healing people of various diseases by his prayers and by anointing with holy oil. Justinian repented and died, and his successor, Justin II, called Eutychius back to the patriarchal throne, on which this saint remained till his death, governing the Church of God in peace. In 582, at the age of seventy, he went to the Kingdom of Christ the Lord; the Lord whom he had served so faithfully and courageously all his life;

**The One Hundred and Twenty Martyrs in Persia** - When the Persian Emperor Sapor plundered the lands of Byzantium, he enslaved one-hundred twenty Christians. Since his attempts to persuade them to deny Christ and worship fire proved to be in vain, the emperor tossed them into the fire and burned them alive. Among those martyrs, were nine virgins dedicated to God. They all suffered honourably between the years 344 A.D. and 347 A.D. and took up habitation in the mansions of Christ the King; St. Govan of Cornwall.

**7 / 20 April — Fast Day - St George the Confessor** - For his great virtues, which he acquired through long asceticism, George was chosen and installed as Metropolitan of Mitylene. And this saint governed his flock with zeal and wisdom to old age. But when a persecution arose under Leo V, the Armenian, who destroyed the holy icons, this holy elder was summoned by the Emperor to Constantinople, to the Council of bishops which was summoned, at the Emperor's desire, to put a stop to the veneration of icons. But George not only refused to act according to the Emperor's desire; he, together with some other courageous bishops, stood up in defence of the holy icons. For this he was held in derision by the Emperor and exiled to the region of Cherson, where, in physical pain and every sort of need, he spent the remainder of his earthly life. He died and went to immortal life in about 816. He was a wonderworker both during his life and after his death, through his great righteousness and love for the Lord Jesus.

**Our Holy Father Nil Sorsky** - Nil is one of the great Fathers of the Russian Church. He was the founder of the Scete way of monastic life in Russia. He died peacefully in the year 1508 A.D. His relics repose in the Sorsky Monastery. His "Rule of Life" for the "Scete" way of monastic living represents a first-class work on the spiritual and practical life of a monk;

**The Holy Martyr Calliopius** - an only son granted by God to a senator from Perga in Pamphylia after the senator had shed many tears in prayer. From his early youth his devout mother, Theoclea, taught him to respect God and to live a chaste life. Calliopius was still a youngster when a terrible persecution began during the reign of Emperor Maximian. To spare him from death, his mother placed him in a boat, gave him an ample amount of money and saw him off to the city of Pompeiopolis. However, God in His Divine Providence, planned it otherwise. Landing in Pompeiopolis he fell into the midst of a tumultuous polytheistic celebration. When Calliopius refused to participate in this ridiculous feast, at the insistence of the crazed mob, he was pushed toward Maximus the commander, before whom Calliopius confessed that he was a Christian. The commander ordered that Calliopius be beaten with lead canes and burned by fire. Wounded throughout, they cast him into prison. Learning about the tortures of her son, Theoclea distributed her entire estate to the poor and needy and with a paltry sum of money hurried to her son in prison. Upon entering the prison, Theoclea bowed down before her son and dressed his wounds. Finally, the commander pronounced the ultimate sentence. Calliopius was to be crucified on a cross. Joy and pain intermingled in the heart of his mother. When they brought her son to the place of execution, she slipped five pieces of gold to the executioners to have her son crucified, not as the Lord was, but rather upside down. Theoclea did this out of humility before the Lord. Calliopius was crucified upside down on Holy Thursday. His mother stood beneath the cross-giving praise to God. One the second day when they removed his lifeless body from the cross, she fell upon her son and she, herself, died. Thus, these two went before the Throne of the King of Glory together. They honourably suffered in the year 304 A.D.;

**Our Holy Father Daniel of Pereyaslavl** - he had, as a unique form of mortification, that of caring for the dead. Whenever he heard that someone was found frozen to death or that had died in some other manner, Daniel would hasten to bury him decently and to offer prayers to God for him. He died peacefully in the year 1540 A.D. His relics remain intact.; Our Holy Father Gregory the Sinaite.

**8 / 21 April — The Holy Apostles Herodion, Agabus, Rufus, Asyncritus, Phlegon and Hermas** - They were all among the Seventy, and are all mentioned by St Paul in his Epistles. Herodion was a kinsman of Paul's: 'Salute Herodion my kinsman', he writes to the Romans (16:11). Herodion suffered greatly at the hands of the Jews as Bishop of Neoparthia; he was beaten about the head, stoned on the mouth and stabbed in the legs. When they had left him for dead, St Herodion arose and continued to serve the apostles. He helped the Apostle Peter in Rome, and was beheaded along with many other Christians on the same day that Peter was crucified. St Agabus had a spirit of prophecy. Two of his prophecies are recorded in the Acts of the Apostles. First, he prophesied a great famine throughout the world, which came to pass in the time of Claudius Caesar (Acts 11:2~). The second was when he met the Apostle Paul in Caesarea. Paul was on his way to Jerusalem, and Agabus took Paul's girdle and bound himself hand and foot, saying: 'Thus saith the Holy Spirit: so shall the Jews at Jerusalem bind the man that owneth this girdle' (21:11). St Rufus was Bishop of Thebes in Greece. The Apostle Paul mentions him also: 'Salute Rufus, chosen in the Lord' (Rom. 16:13). St Asyncritus (Rom. 16:14) was Bishop of Hyrcania in Asia. St Phlegon, who is mentioned in the same place as St Rufus, was bishop in the Thracian city of Marathon. St Hermas, mentioned with the others, was bishop in Dalmatia. All these, with bee-like industry, spread the Gospel, suffering greatly for the love of Christ. They all went to the eternal Kingdom of their beloved Christ;

**St Niphon, Bishop of Novgorod** - distinguished by his great enthusiasm in constructing and restoring the churches of God and by showing great courage in opposing the stances of the tyrannical princes. Thirteen days before his death, St. Theodosius appeared to Niphon and announced his imminent passing over to the other world. He died in the year 1156 A.D.; St Celestine, Bishop of Rome, died together in one place and gave them burial. They suffered for Christ their King and Lord in about 304; The Holy Martyr