



PASCHA

The Resurrection of our Lord and God and Saviour Jesus Christ

26 March / 8 April

ODE ONE

Heirmos: IT is the day of Resurrection, let us be radiant, O ye peoples; Pascha, the Lord's Pascha; for Christ God hath brought us from death unto life, and from earth unto Heaven as we sing the triumphal hymn.

Troparia: LET us purify our senses and we shall behold Christ, radiant with the unapproachable light of the Resurrection, and we shall clearly hear Him say: Rejoice! as we sing the triumphal hymn.

FOR meet it is that the Heavens should rejoice, and that the earth should be glad, and that the whole world, both visible and invisible, should keep the feast; for Christ, our everlasting Joy, hath arisen.

Katavasia: It is the day of Resurrection . Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life. (Thrice) JESUS, having risen from the grave as He foretold, hath granted us life everlasting and great mercy. These last two hymns are chanted thus after each Ode.

Then the Little Litany, with the exclamation : For Thine is the dominion, and Thine is the kingdom, and the power, and the glory, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

ODE THREE

Heirmos: COME, let us drink a new drink, not one marvellously brought forth from a barren rock, but the Source of incorruption, which springeth forth from the grave of Christ, in Whom we are established.

Troparia: NOW are all things filled with light; Heaven and earth, and the nethermost regions of the earth. Let all creation, therefore, celebrate the arising of Christ, whereby it is established.

YESTERDAY I was buried with Thee, O Christ, and today I arise with Thine arising. Yesterday was I crucified with Thee; do Thou Thyself glorify me with Thee, O Saviour, in Thy Kingdom.

Katavasia: Come, let us drink a new drink . . .

Then the Little Litany, with the exclamation: For Thou art our God, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

THE HYPAKOE - Fourth Tone

WHEN they who were with Mary came, anticipating the dawn, and found the stone rolled away from the sepulchre, they heard from the Angel: Why seek ye among the dead, as though He were mortal man, Him Who abideth in everlasting light? Behold the grave-clothes. Go quickly and proclaim to the world that the Lord is risen, and hath put death to death. For He is the Son of God, Who saveth the race of man.

And a reading from the Theologian, beginning with the words, It is the Day of Resurrection, and my beginning hath good auspices.

ODE FOUR

Heirmos: LET the Prophet Habakkuk, the proclaimer of divine things, keep the divine watch with us, and show forth the radiant Angel who with resounding voice hath declared: Today doth bring salvation to the world, for Christ is risen as omnipotent.

Troparia: CHRIST revealed Himself as of the male sex when He opened the Virgin's womb, and as a mortal was He called the Lamb. Thus, without blemish is our Pascha. for He tasted not corruption; and since He is truly God, perfect was He proclaimed. CHRIST, our blessed Crown, like unto a yearling lamb, of His own good will did sacrifice Himself for all, a Pascha of purification: and from the grave the beautiful Sun of Righteousness shone forth again upon us.

DAVID, the ancestor of our God, danced with leaping before the symbolical Ark of the Covenant. Let us also, the holy people of God, beholding the fulfilment of the symbols, rejoice in godly wise: For Christ is risen, as omnipotent.

Katavasia: Let the Prophet Habakkuk, the proclaimer of divine things . . .

Then the Little Litany, with the exclamation: For a good and man-befriending God art Thou, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

ODE FIVE

Heirmos: LET us arise in the deep dawn and, instead of myrrh, offer praise to the Master; and we shall see Christ, the Sun of Righteousness, Who causeth life to dawn for all.

Troparia: WHEN those held captive in the bonds of Hades beheld Thy boundless compassion, O Christ, they hastened to the light with a joyful step, exalting the eternal Pascha.

BEARING lights, let us go forth to meet Christ, Who cometh forth from the grave like a bridegroom. And with the ranks of them that love and keep this festival, let us celebrate the saving Pascha of God.

Katavasia: Let us arise in the deep dawn . . .

Then the Little Litany, with the exclamation: For hallowed and glorified is Thine all-honourable and majestic Name, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

ODE SIX

Heirmos: THOU didst descend into the deepest parts of the earth, and didst shatter the everlasting bars that held fast those that were fettered, O Christ. And on the third day, like Jonas from the sea monster, Thou didst arise from the grave.

Troparia: HAVING kept the seals intact, O Christ, Thou didst rise from the tomb, O Thou Who didst not break the seal of the Virgin by Thy birth; and Thou hast opened unto us the gates of Paradise.

O MY Saviour the life-giving and unslain Sacrifice, when, as God, Thou of Thine own will, hadst offered up Thyself unto the Father, Thou didst raise up with Thyself the whole race of Adam when Thou didst rise from the grave.

Katavasia: Thou didst descend . . .

Then the Little Litany, with the exclamation: For Thou art the King of Peace, and the Saviour of our souls, and unto Thee do we send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

KONTAKION - Tone 8: THOUGH Thou didst descend into the grave, O Immortal One, yet didst Thou destroy the power of Hades, and didst arise as victor, O Christ God, calling to the myrrh-bearing women, Rejoice, and giving peace unto Thine Apostles, O Thou Who dost grant resurrection to the fallen.

OIKOS: THE myrrh-bearing maidens anticipated the dawn, seeking, as it were day, the Sun Who was before the sun and Who had set in the tomb, and they cried out one to another: O friends, come, let us anoint with sweet-smelling spices the life-bringing and buried Body, even that Flesh which raiseth fallen Adam, who lieth in the grave. Let us go hence, let us make haste like the Wise Men, and let us adore and offer before Him myrrh as it were a gift to Him, Who is no longer wrapped in swaddling bands, but in a winding-sheet. And let us make lamentation and cry aloud in exclamation: Arise, O Master, Thou Who dost grant resurrection to the fallen.

The Synaxarion of the Menaion, then the following: On this, the holy and great Sunday of Pascha, we celebrate the life-bringing Resurrection of our Lord and God and Saviour Jesus Christ.

Verses: Christ, going down alone to the struggle with Hades, Came forth again and brought with Him plenteous spoils of victory. To Him be glory and dominion unto the ages of ages. Amen.

Then there is chanted in Tone 6: LET us who have beheld the Resurrection of Christ worship our holy Lord Jesus, Who is alone without sin. We worship Thy Cross, O Christ, and we praise and glorify Thy holy Resurrection. For Thou art our God, and we know none other beside Thee, and we call upon Thy Name. Come, all ye faithful, let us worship Christ's holy Resurrection, for behold, through the Cross joy hath come to the whole world. Forever blessing the Lord, we praise His Resurrection. He endured the Cross for us, and by death destroyed death. (Thrice)

JESUS, having risen from the grave as He foretold, hath granted us life everlasting and great mercy. (Thrice)

ODE SEVEN

Heirmos: THE only blest and most glorious God of our Fathers, Who hath redeemed the Children from the furnace, is become man, and as a mortal doth suffer, and through suffering doth clothe mortality with the grace of incorruption.

Troparia: THE godly-wise women followed after Thee in haste with sweet-smelling myrrh. But Him Whom they sought with tears as dead, they joyfully adored as the living God, and announced unto Thy disciples, O Christ, the glad tidings of the mystical Pascha.

WE celebrate the death of death, the destruction of Hades, the beginning of an everlasting life. And with leaps of joy we praise the Cause thereof, the only blest and most glorious God of our Fathers.

TRULY sacred and supremely festive is this saving night, radiant with light, the forerunner of the bright-beaming Day of the Resurrection, whereon the Timeless Light in bodily form shone from the grave for all.

Katavasia: The only blest . . .

Then the Little Litany, with the exclamation: Blessed and glorified be the dominion of Thy Kingdom, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

ODE EIGHT

Heirmos: THIS chosen and holy day is the first of the sabbaths, the queen and lady, the feast of feasts, and the festival of festivals, wherein we bless Christ unto the ages.

Troparia: COME on this auspicious day of the Resurrection, let us partake of the new fruit of the vine of divine gladness and of the Kingdom of Christ, praising Him as God unto the ages.

CAST thine eyes about thee, O Sion, and behold! For lo, like divinely-radiant luminaries, from the West, the North, the Sea, and the East have thy children assembled unto thee, blessing Christ unto the ages.

O FATHER Almighty, the Word, and the Spirit, one Nature in three Hypostases united, transcending essence and supremely Divine! In Thee have we been baptized, and Thee will we bless unto all the ages. We praise, we bless, and we worship the Lord.

Katavasia: This chosen and holy . . .

Then the Little Litany, with the exclamation: For blessed is Thy Name, and glorified is Thy Kingdom, of the Father, and of the Son, and of the Holy Spirit, now and ever, and unto the ages of ages. The choir: Amen.

The deacon: The Theotokos and the Mother of the Light, let us magnify in song.

And the choirs chant the hymns of the ninth Ode:

ODE NINE

Megalynarion: Magnify, O my soul, Him Who suffered willingly, and was buried, and arose from the grave on the third day.

Heirmos: SHINE, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Sion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

Megalynarion: Magnify, ... And again the Heirmos:

Shine, shine, O new Jerusalem . . .

Megalynarion: Christ is the new Pascha, the living sacrificial Victim, the Lamb of God that taketh away the sin of the world.

Troparion: O THY divine and beloved and most sweet voice; Thou hast truly promised that Thou wouldst be with us unto the end of the world, O Christ; and we faithful rejoice, having this as an anchor of hope.

Megalynarion: Today the whole creation is glad and doth rejoice, for Christ is risen, and Hades hath been despoiled.

And again the Troparion: O Thy divine and beloved . . .

Glory. Megalynarion: Magnify, O my soul, the dominion of the Undivided Godhead of Three Hypostases.

Troparion: GREAT and most sacred Pascha, Christ; O Wisdom and Word and Power of God! Grant that we partake of Thee fully in the unwaning day of Thy Kingdom. Both now.

Megalynarion: Rejoice, O Virgin, rejoice; rejoice, O blessed one; rejoice, O most glorified one, for thy Son hath arisen from the grave on the third day.

And again the Troparion: O great and most sacred Pascha . . .

Megalynarion: The Angel cried unto her that is full of grace: O pure Virgin, rejoice, and again I say, rejoice; for thy Son hath arisen from the grave on the third day.

Katavasia: SHINE, shine, O new Jerusalem, for the glory of the Lord hath arisen upon thee; dance now and be glad, O Sion, and do thou exult, O pure Theotokos, in the arising of Him Whom thou didst bear.

Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life. (Thrice)

JESUS, having risen from the grave as He foretold, hath granted us life everlasting and great mercy.

Then the little litany with the exclamation: For all the hosts of the Heavens praise Thee, and unto Thee do they send up glory, to the Father, and to the Son, and to the Holy Spirit, now and ever and unto the ages of ages. The Choir: Amen.

EXAPOSTILARION, Second Tone: WHEN Thou hadst fallen asleep in the flesh as one mortal, O King and Lord, Thou didst rise again on the third day, raising up Adam from corruption, and abolishing death: O Pascha of incorruption ! O Salvation of the world! (Thrice)

FROM THE OCTOECHOS, First Tone:

Verse: Praise Him for His mighty acts, praise Him according to the multitude of His greatness.

WE praise Thy saving Passion, O Christ, and glorify Thy Resurrection.

Verse: Praise Him with the sound of trumpet, praise Him with the psaltery and harp.

THOU Who didst endure the Cross, and didst abolish death, and didst arise from the dead: Make our life peaceful, O Lord, since Thou alone art omnipotent.

Verse: Praise Him with timbrel and dance, praise Him with strings and flute.

THOU Who didst despoil Hades, and didst raise up man by Thy Resurrection, O Christ: Deem us worthy to hymn and glorify Thee with purity of heart.

Verse: Praise Him with tuneful cymbals, praise Him with cymbals of jubilation. Let every breath praise the Lord.

GLORIFYING Thy God-befitting condescension, we praise Thee, O Christ; for thou wast born of a Virgin, and yet Thou wast inseparable from the Father. Thou didst suffer as man, and didst endure the Cross willingly. And as one coming forth from the bridal chamber, Thou didst rise from the grave that Thou mightest save the world. O Lord, glory be to Thee.

THE STICHERA OF PASCHA WITH THEIR VERSES, Tone 5:

Verse: Let God arise and let His enemies be scattered, and let them that hate Him flee from before His face.

A SACRED Pascha hath been shown forth to us today; a new and holy Pascha, a mystic Pascha, an all-venerable Pascha, a Pascha that is Christ the Redeemer; a spotless Pascha, a great Pascha, a Pascha of the faithful, a Pascha that hath opened unto us the gates of Paradise, a Pascha that doth hallow all the faithful.

Verse: As smoke vanisheth, so let them vanish; as wax melteth before the fire.

COME from that scene, O women, bearers of good tidings, and say to Sion: Receive from us the tidings of joy, of the Resurrection of Christ. Exult, dance, and be glad, O Jerusalem, for thou hast seen Christ the King as a bridegroom come forth from the tomb.

Verse: So let sinners perish at the presence of God, and let the righteous be glad.

THE myrrh-bearing women at deep dawn drew nigh to the tomb of the Giver of life; they found an Angel sitting upon the stone, and he, addressing them, in this manner did say: Why seek ye the Living among the dead? Why mourn ye the Incorruptible amid corruption? Go, proclaim it unto His disciples.

Verse: This is the day which the Lord hath made; let us rejoice and be glad therein.

A PASCHA of delight, Pascha, the Lord's Pascha, an all-venerable Pascha hath dawned for us, a Pascha whereon let us embrace one another with joy. O Pascha, ransom from sorrow! Today Christ hath shone forth from the tomb as from a bridal chamber, and hath filled the women with joy, saying: Proclaim it unto the Apostles.

GLORY; BOTH NOW, Plagal of First Tone

IT is the day of Resurrection; let us be radiant for the festival, and let us embrace one another. Let us say, O brethren, even to those that hate us: Let us forgive all things on the Resurrection; and thus let us cry: Christ is risen from the dead, trampling down death by death, and on those in the tombs bestowing life.

Then Christ is risen is repeated thrice more, and we continue chanting it until the brethren have greeted each other.

Homily of our Father among the Saints John Chrysostom, Archbishop of Constantinople For the Holy and Radiant Day of the Glorious and Saving Resurrection of Christ our God

Master Bless - IF any be pious and a lover of God, let him delight in this fair and radiant festival. If any be an honest servant, let him come in and rejoice in the joy of his Lord. If any have wearied himself with fasting, let him now enjoy the recompense. If any have worked from the first hour, let him receive today his just reward. If any have come after the third, let him feast with thankfulness. If any have arrived after the sixth, in no wise let him be in doubt; in no way shall he suffer loss. If any be later than the ninth, let him draw nigh, let him not waver. If any arrive only at the eleventh, let him not be fearful for his slowness, for the Master is munificent and receiveth the last even as the first; He giveth rest to him of the eleventh even as to him who hath wrought from the first hour. He is merciful to the last and provideth for the first; and to this one He giveth, and to that one He showeth kindness. He receiveth their labours and acknowledgeth the purpose, and He honoureth the deed and praiseth the intention. Wherefore, enter ye all into the joy of our Lord, and let the first and the second take part in the reward. Ye rich and ye poor, join hands together. Ye sober and ye heedless, do honour to this day. Ye who fast and ye who fast not, be glad today. The table is full: do ye all fare sumptuously. The calf is ample: let no one go forth hungry. Let all enjoy the banquet of Faith. Let all enjoy the wealth of righteousness. Let no one lament his poverty, for the Kingdom is made manifest to all. Let no one bewail transgressions, for forgiveness hath dawned forth from the tomb. Let no one be fearful of Death, for the death of the Saviour hath set us free. He hath quenched Death by being subdued by Death. He Who came down into Hades, despoiled Hades; and Hades was embittered when he tasted of Christ's Flesh. Isaiah, anticipating this, cried out and said: Hades was embittered when below he met Thee face to face. He was embittered, for he was set at nought. He was embittered, for he was mocked. He was embittered, for he was slain. He was embittered, for he was cast down. He was embittered, for he was fettered. He received a body, and encountered God. He received earth, and met Heaven face to face. He received what he saw, and fell whither he saw not. O Death, where is thy sting? O Hades, where is thy victory? Risen is Christ, and thou art overthrown. is Christ, and the demons are fallen. Risen is Christ, and the Angels rejoice. . Risen is Christ, and life doth reign. Risen is Christ, and there is none dead in the tomb. For Christ is raised from the dead, and is become the first-fruits of them that slept. To Him be glory and dominion unto the ages of ages. Amen.

Then we chant the Dismissal Hymn of Saint John Chrysostom, Tone 8: GRACE shining forth from thy mouth like a beacon hath illumined the universe, and disclosed to the world treasures of uncovetousness, and shown us the heights of humility; but whilst instructing us by thy words, O Father John Chrysostom, intercede with the Word, Christ our God, to save our souls.
After the dismissal the Liturgy begins:

Epistle: The Acts of St Apostles 1: 1-8

The former account I made, O Theophilus, of all that Jesus began both to do and teach, Until the day in which He was taken up, after He through the Holy Spirit had given commandments to the apostles whom He had chosen, To whom He also presented Himself alive after His suffering by many infallible proofs, being seen by them during forty days and speaking of the things pertaining to the kingdom of God. And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," He said, "you have heard from Me; For John truly baptised with water, but you shall be baptised with the Holy Spirit not many days from now." Therefore, when they had come together, they asked Him, saying, "Lord, will You at this time restore the kingdom to Israel?" And He said to them, "It is not for you to know times or seasons which the Father has put in His own authority. But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

TO WHOM HE PRESENTED HIMSELF ALIVE

But why did He appear... only to the Apostles? Because to the many it would have seemed a mere apparition, inasmuch as they did not understand the secret of the mystery. For the disciples themselves were at first incredulous...and needed the evidence of actual touch with the hand, and of His eating with them...For this reason therefore, by the miracles wrought by the Apostles, He renders the evidence of His resurrection unequivocal...All men thereafter should be certain ...that He was risen...But they did not, you say, perform miracles? How then was our religion instituted?

St. John Chrysostom. Homily I on Acts I, B#55, p. 5.

The Gospel According To St. John 1: 1-17

In the beginning was the Word, and the Word was with God, and the Word was God. He was in the beginning with God. All things were made through Him, and without Him nothing was made that was made. In Him was life, and the life was the light of men. And the light shines in the darkness, and the darkness did not comprehend it. There was a man sent from God, whose name was John. This man came for a witness, to bear witness of the Light, that all through him might believe. He was not that Light, but was sent to bear witness of that Light. That was the true Light which gives light to every man coming into the world. He was in the world, and the world was made through Him, and the world did not know Him. He came to His own, and His own did not receive Him. But as many as received Him, to them He gave the right to become children of God, to those who believe in His name: Who were born, not of blood, nor of the will of the flesh, nor of the will of man, but of God. And the Word became flesh and dwelt among us, and we beheld His glory, the glory as of the only begotten of the Father, full of grace and truth. John bore witness of Him and cried out, saying, "This was He of whom I said, 'He who comes after me is preferred before me, for He was before me.' " And of His fullness we have all received, and grace for grace. For the law was given through Moses, but grace and truth came through Jesus Christ.

AND THE WORD WAS GOD

Now this is a proof that Christ is God the Word, and the Power of God. For whereas human beings cease, and the word of Christ abides, it is dear to all eyes that what ceases is temporary, but that He who abides is God, and the true Son of God, His only begotten Word.

St. Athanasius of Alexandria. On The Incarnation, 55. B#7, p. 109.

Through the incarnation of God the Logos, there entered into human nature the all- perfect Divine Wisdom, the all- perfect Divine Logic, and the all-perfect Divine Mind. 'The Word became flesh,' which means: all the transcendental Divine values became internal to human nature, for they are congenial to the essence of man's godlike soul. All the eternal Divine values, incarnated in man, ultimately merge into one immeasurable and insuperable value: the God-man Christ. Consequently, the God-man is the first, the greatest, the most basic, and the supreme value in the world of man. For nothing is more human than the Lord Christ, who personifies in Himself the most ideal perfection of all that is truly human, truly manlike. Furthermore, He, as the God-man, is the most perfect synthesis of the Divine and the human ...of the natural and the supernatural, of the physical and the metaphysical, of the real and the ideal. In Him, being the God-man, there was created and preserved in the most ideal way an equilibrium between the Divine and the human; and preserved together with this was the autonomy of what is of man and human, as well as the autonomy of what is of God and divine ...

What especially makes the God-man Christ the value above all values is the fact that He is the first and only one to solve completely the problem of life and death ...having actually demonstrated in His Divine-human person incarnate, humanised immortality and life eternal. He demonstrated and proved this powerfully indeed by His resurrection from the dead and ascension into the eternal life of the Godhead ...

'He came into His own.' Yet how are they His people unless by reason of their godlike soul? ...By acknowledging the God-man, we indirectly acknowledge the Christlikeness of man. the divine descent of man, the divine elevation of man ...The struggle for the God-man is the struggle for man. Not humanists, but men of divine-human faith and life are struggling for true man, godlike and Christlike man.

Archimandrite Justin Popovic. The Supreme Value and Infallible Criterion, B#80A, Vol. 4, pp. 114,116,138.

And He is called the Word, because He is related to the Father as word to mind ...Perhaps, too, this relation might be compared to that between the definition and the thing defined since this also is called logos. For, it says, he who has mental perception of the Son (for this is the meaning of 'has seen') has also perceived the Father; and the Son is a concise demonstration and easy setting forth of the Father's nature. For everything that is begotten is a silent word of Him who begat it ..He is also called Wisdom, as the knowledge of things divine and human...And Power, as the sustainer of all created things and the furnisher to them of power to keep themselves together. And Truth...and as the pure seal of the Father and His most unerring impress. And the Image, as of one substance with Him...For this is the nature of an image, to be the reproduction of its archetype.

St. Gregory of Nazianzus. Fourth Theological Oration, 20. B#7, p. 191.

Since the exile from paradise and the dispersion of Babel, human language has lost its transparency. Words have become void of truth ...But the Word of God was made flesh, has become human word. It was a becoming which was prepared step by step from the creation right up to the fiat of the Virgin, prepared through continuous and successive revelations ...The image of God has never been totally erased from mankind by the primal transgression and fall. In its incarnation, the Word of God - clothed in human flesh and in human language - possesses an efficacy which is both spiritual and sacramental...

The primary aim [of Christian language] is to express and describe the mystery of Christ: the mystery of His incarnation, of his redemptive Passover, and of His sacramental presence in the Church for the life of the world, until His second glorious coming...We may affirm quite clearly that the trinitarian revelation in its entirety proceeds from the coming and the presence of Christ, in whom and through whom and by whom we discover the love of the Father and the power of the Spirit. In the first place, all names, titles, attributes of God, all biblical types and figures pertain to Jesus, the divine Logos.

Archpriest Boris Bobrinskoy, Revelation of the Spirit, Language beyond Words. Sobornost, Vol. 8 No. 1,1986.

Saints of the Week

Bright Week – Fast Free Week

26 March / 8 April — Synaxis of the Archangel Gabriel —Wine & Oil allowed - The Holy Archangel Gabriel - The herald of the incarnation of the Son of God, he is one of the seven great angels who stand before the throne of God. He revealed to Zacharias the birth of the Forerunner, and said of himself: 'I am Gabriel that stands in the presence of God' (Lk. 1:19). His name, Gabriel, signifies 'man of God'. Speaking about the Annunciation, the holy Fathers comment that an angel with such a name was sent to signify who He was, and of what nature He was, who would be born of the most pure Virgin. He would be the Man of God, the Man-God, the strong and mighty God. Others have found that it was this same Gabriel who announced the conception of the Virgin Mary to Joachim and Anna, and that it was he who taught Moses in the wilderness to write the Book of Genesis. The holy Fathers considered that Gabriel belongs to the foremost and highest order of the heavenly powers, the seraphim, since the seraphim stand closest to God. And so he is one of the seven seraphim closest to God. The names of these seven are: Michael, Gabriel, Raphael, Uriel, Selathiel, Jegudiel and Barachiel. Some would add Jeremiel to this number. Each has

his own particular service, but all are equal in honour. Why did God not send Michael? For the reason that Michael's service is the suppression of the enemies of God's truth, while Gabriel's is the annunciation of the salvation of the human race;

The Hieromartyr Irenaeus, Bishop of Srem - It is thought that Irenaeus was a Slav. He was married and had children prior to becoming a bishop. He suffered for Christ during the reign of Maximian. At the time of horrible sufferings, his relatives stood around him crying and begged him to spare himself and them [that is, to deny Christ]. But this wonderful priestly-martyr loved the wounds of Christ more than all the riches of this world. At the same time Seren, a certain gardener in Srem, also suffered at the hands of Prince Probus, as did Afrius suffer in Regia. Because Irenaeus did not want to deny his faith, Prince Probus ordered that he be hurled from a bridge into the Sava river, where this shepherd of Christ's flock died and took up habitation among the citizens of heaven. He honourably suffered in the year 304 A.D.;

27 March / 9 April — The Holy Martyr Matrona - She was an orphan, and a servant in the house of a certain Jew in Salonica. The wife of this Jew constantly derided Matrona for her faith in Christ, and urged her to cast Christ aside and go to the synagogue. But the humble Matrona went about her work conscientiously, not replying to her mistress and secretly praying to Christ our God. On one occasion the Jewess discovered that Matrona had gone to church unbeknown to her, and demanded, in a great rage, to know why she had gone to the church and not the synagogue. 'Because God is alive in the Christian Church, but He has departed from the synagogues of the Jews', replied Matrona. Enraged by such a courageous answer, the Jewess thrashed her and locked her in a dark chamber, and in addition to that had her bound. But the next day she found her unbound by the power of God and kneeling in prayer, praising God. Then she locked her up again for the second time until she died of hunger. Then that wicked woman took the body of the holy maiden and threw it to the ground from the top of her house. Christians took the body of the martyr and buried it, and the bishop, Alexander, when he had learned of the many miracles worked by the holy martyr, built a church over her grave. As for the evil Jewess, she soon received her just reward, when, standing on the same spot from which she had thrown Matrona's body, she slipped and fell onto the cobbled pavement and was smashed to pieces; Our Holy Father John the Seer; Our Holy Father Paphnutius.

28 March / 10 April — Our Holy Father, the Martyr Eustratius of the Kiev Caves - He was very wealthy, but, moved by the love of Christ, gave away all his goods for His sake, entered the Monastery of the Caves and became a monk. When the Polovtsians conquered Kiev in 1097, they looted the monastery, slew many Christians and monks and gave Eustratius and other of the faithful to a certain Jew in the town of Khorsun as slaves. This Jew mocked the Christian faith and tried to compel the Christians to convert to the Jewish faith. Seeing that they had no other alternative, they all decided to starve to death rather than deny the true Faith. Eustratius encouraged the Christians in this decision. They all perished from hunger, some after three days, some after four and some after seven days. Eustratius, accustomed to fasting, remained the only one alive, and survived fourteen days without food. Infuriated that he had lost the money he had paid for the slaves, the Jew took his revenge by having Eustratius nailed to a cross. But Eustratius gave thanks to God from the cross and predicted an imminent and vicious death for the Jew. Possessed by a furious anger, the Jew stabbed him with a spear. And thus the holy man of God gave his soul to his Saviour. They cast his body into the sea, but it rose to the surface and many were the great miracles performed over it. Soon after this, the Byzantine Emperor commanded that the Jews in Khorsun be punished for their wickedness towards the Christians, and the torturer of the Christians was hanged on a tree and received the wages of Judas. Our Holy Father Hilarion the New; Our Holy Father Hesychius of Jerusalem; The Holy Martyr Boyan; The Miraculous Experience of Taxiotis.

29 March / 11 April — St Mark the Confessor, Bishop of Arethusa - St Gregory the Theologian and Blessed Theodoretus have given us an account of his sufferings. According to these accounts, Mark destroyed some pagan temples and brought many to the Christian faith during the reign of the Emperor Constantine. But when the Emperor Julian came to the throne and quickly became an apostate from the Faith, some of the inhabitants of Arethusa renounced Christ and lapsed into paganism. They rose up against Mark because he had demolished the temple and demanded that he either rebuild it or pay them a very large sum of money. As Mark refused to do either the one or the other, he was flogged and flayed and dragged through the streets. They then cut off his ears with strong, fine threads, stripped him naked, smeared him with honey and left him bound to a tree in the summer heat for the wasps, mosquitoes and hornets to eat. The martyr of Christ endured all this without complaint. He was quite old, and his face shone like an angel of the Lord. The pagans lowered the price of their temple again and again, finally demanding a quite insignificant amount which Mark could easily have given. But he refused to give even a single coin for that purpose. His endurance made a great impression on the citizens, and they began to admire him for it and to feel sorry for him, and gradually reduced the price of their temple to nothing just to allow him to remain alive. Finally, they let him go free and, one by one, all came to him to receive instruction and become Christians again. A deacon, Cyril, also suffered at this time for a similar cause in Heliopolis at the foot of mount Lebanon. He had broken some idols at the time of the liberation of Christianity and was cruelly tortured under Julian for this. The pagans were so enraged with him that, after they had killed him, they tore out his teeth and ripped open his stomach. Many others suffered on the same day as St Cyril. The evil pagans cut their bodies into small pieces, coated them with barley and fed them to the pigs. But retribution came swiftly upon them; all their teeth fell out and their mouths emitted an unbearable stench; Our Holy Father John the Hermit.

30 March / 12 April — Our Holy Father John Climacus (of the Ladder) - The author of the famous 'Ladder', he came from an unknown place to Mount Sinai as a sixteen-year-old boy and remained there, first as a novice, then as a hermit and finally as abbot of Sinai, until he died at the age of eighty, in about 649. His biographer, the monk Daniel, says of him: 'He brought his body up to Mount Sinai, but his spirit he brought to the Mount of Heaven'. He spent nineteen years in obedience to his spiritual father, Martyrios. Anastasius of Mount Sinai, who saw John once as a young man, foretold that he would be abbot of Mount Sinai. After the death of his spiritual father, John took himself off to a cave, where he lived for twenty years in strict asceticism. His disciple, Moses, fell asleep one day in the cool shade of a huge rock. John was at prayer in his cell, and,

perceiving that his disciple was in danger, began to pray for him. Moses came up to him later, fell to his knees and began to thank him for saving him from certain death. And he related how he had heard John calling him in his sleep and had jumped up at the very moment that a rock fell. Had he not jumped out of the way, the rock would certainly have killed him. At the importunate urging of the brethren, John accepted the abbacy, and guided their souls to salvation with loving zeal. He once heard a monk reproach him for being too verbose. He was not in the least angered, but was silent for an entire year, not uttering a single word until the brethren begged him to speak. He then began to instruct them with the wisdom with which God had endowed him. Once 600 pilgrims came to Mount Sinai. At supper they all noticed an agile young man dressed as a Jew who was serving at table and giving orders to the other servants, taking charge of everything. Suddenly, he disappeared. While everyone was pondering this and asking questions among themselves, John said: 'Do not bother to look for him; that was the prophet Moses serving you in his own home.' During the time that he was silent in his cave, John wrote many instructive books, of which the most famous, 'The Ladder', is much read to this day. It describes the way to raise the soul to God as if on a ladder. Before his death, John appointed his own brother, George, to the abbacy, but George began to grieve greatly at the approaching parting with John. Then John said that, if he were found worthy to stand close to God in the next world, he would pray that George be taken up to heaven in the same year. And so it came to pass. After ten months, George also fell asleep and departed to take his place among heaven's citizens alongside his brother John; Commemoration of an Uncondemning Monk; St. Osburga of Coventry, virgin (c.1015)

31 March / 13 April — Metropolitan Innocent, Enlightener of Siberia and Alaska - born John in the Irkutsk district in 1797 the son of a poor sacristan. His father died when he was seven leaving him and his family in great poverty. Fortunately his uncle took him in, provided for his education and taught him manual crafts himself. He entered seminary at age 9 and was a good student. Whilst there the rector changed his surname to Veniaminov. John married in 1817 at the age of 20 and became a deacon in Irkutsk. After a year he was ordained priest and in 1823 the Bishop sought a priest to undertake missionary work in the islands between Siberia and Alaska. Although at first unwilling, Father John was seized with the desire to preach the Gospel of Christ to the unenlightened. His bishop consented, and although his family were at first opposed they began the long journey. In the following year they arrived on the island of Unalaska. He began to teach the natives carpentry and building, and with their help erected a church and dwellings. He then began to study the native language, hoping to translate the Gospel and divine services. He preached to the natives in their own language, adapting concepts to their understanding. He travelled widely throughout the diocese, which stretched over several thousand kilometres, serving, preaching, and baptising. He sometimes traversed great distances on the open sea in a small canoe. He developed an alphabet for the Aleutian language and translated the catechism and the Gospel of St. Matthew. At this time he wrote his most famous work - Indication of the Way into the Kingdom of Heaven. He opened a school and himself taught the children to read and write. He spent 10 years in Unalaska, in which time he converted all the inhabitants to Christianity. He was then transferred to Sitka, an island port close to the mainland of Alaska. He laboured there for five years, learning the language and translating, preaching and baptising, and teaching the natives manual trades. He was greatly loved by the native peoples. In 1838 returned to Russia to seek help for his work and for a blessing to print his translations. He was raised to Archpriest and at the same time his wife died. He accepted monasticism and in 1840 was tonsured with the name of Innocent eventually becoming Bishop Innocent and returning to Alaska to finish his work. In 1850 he was elevated to Archbishop and in 1857 was recalled to Russia where he laboured greatly for the conversion of the unenlightened peoples on the Russian-Chinese border. Finally in 1867, he was chosen to succeed the newly reposed Metropolitan Philaret. By now an old man he accepted this great burden with humility, fulfilling his duties to the glory of God until his repose on 31 March, 1879. This great worker planted the Faith of Christ amongst a great many pagan tribes, labouring for their salvation with true patience, humility and simplicity. For his labours, the Synod of Bishops of the Russian Church Abroad resolved in May 1993 to recognise Metropolitan Innocent as a saint on January 17/30, 1994.

Archbishop Averky of Jordanville - the world known as Alexander Pavlovich Taushev) was born on October 19, 1906, in the city of Kazan. His father was employed by the government until the Revolution of 1917 and was required to travel widely. Thus Vladika, although only 14 when he was forced to leave Russia, knew a great deal of his beloved homeland. He read widely from a young age, and was especially moved by spiritual books which he father obtained from the Monastery of St. Panteleimon on Mt. Athos. In 1920 the family settled in Bulgaria amongst many other Russian refugees. Then in 1925, he met Archbishop Theophan who had a tremendous influence on this young man, and it was at this time he became firm in his desire for monasticism. He entered theological Academy and graduated in 1930 with top marks. Desiring greatly to labour for the Russian people, he decided to travel to Czechoslovakia, where many were returning from the Unia to Orthodoxy. Vladika Theophan blessed him, and Alexander was appointed secretary to the Diocesan Administrator. In 1931 he was tonsured a monk with the name Averky. The next day he was ordained to the diaconate, and in the next year was ordained priestmonk. In 1937 he was made Abbot before in 1940 he was forced as a result of World War II to move to Belgrade where he taught and laboured in the serve of the Synod. In 1951 he moved to America and was invited to teach at Holy Trinity Seminary in Jordanville. In 1961 he was made Archbishop - a great preacher and zealot of True Orthodox Christianity, Vladika suffered greatly as a result of the attacks of modernism and ecumenism on the Orthodox Faith. It was said that he was one of the last giants of 20th Century Orthodoxy. May his memory be eternal! The Hieromartyr Hypatis, Bishop of Gangra; St. Jonah, Metropolitan of Moscow; The Hieromartyr Audas; Our Holy Father Apollonius.

1 / 14 April — St Mary of Egypt - The recorder of the life of this wonderful saint was St Sophronius, Patriarch of Jerusalem. A hieromonk, the elder Zossima, had gone off at one time during the Great Fast a twenty-days' walk into the wilderness across the Jordan. He suddenly caught sight of a human being with a withered and naked body and with hair as white as snow, who fled in its nakedness from Zossima's sight. The elder ran a long way, until this figure stopped at a stream and called: 'Father Zossima, forgive me for the Lord's sake. I cannot turn round to you, for I am a naked woman.' Then Zossima threw her his outer cloak, and she wrapped herself in it and turned round to him. The elder was amazed at hearing his name from the lips of

this unknown woman. After considerable pressure on his part, she told him her life-story. She had been born in Egypt, and had lived as a prostitute in Alexandria from the age of twelve, spending seventeen years in this way of life. Urged by the lustful fire of the flesh, she one day got into a ship that was sailing for Jerusalem. Arriving at the Holy City, she tried to go into one of the churches to venerate the Precious Cross, but some unseen power prevented her from entering. In great fear, she turned to an icon of the Mother of God that was in the entrance, and begged her to let her go in and venerate the Cross, confessing her sin and impurity and promising that she would then go wherever the Most Pure led her. She was then allowed to enter the church. After venerating the Cross, she went out again to the entrance and, standing in front of the icon, thanked the Mother of God. Then she heard a voice: 'If you cross the Jordan, you will find true peace.' She immediately bought three loaves of bread and set off for the Jordan, arriving there the same evening. She received Communion the following morning in the monastery of St John, and then crossed the river. She spent forty-eight whole years in the wilderness in the greatest torments, in terror, in struggles with passionate thoughts like gigantic beasts. She fed only on plants. After that, when she was standing in prayer, Zossima saw her lifted up in the air. She begged him to bring her Communion the next year on the bank of the Jordan, and she would come to receive it. The following year, Zossima came with the Holy Gifts to the bank of the Jordan in the evening, and stood in amazement as he saw her cross the river. He saw her coming in the moonlight and, arriving on the further bank, make the sign of the Cross over the river. She then walked across it as though it were dry land. When she had received Communion, she begged him to come again the following year to the same stream by which they had first met. Zossima went, and found her dead body there on that spot. Above her head in the sand was written: 'Abba Zossima, bury in this place the body of the humble Mary. Give dust to dust. I passed away on April 1st, on the very night of Christ's Passion, after communion of the divine Mysteries.' Zossima learned her name for the first time, and also the awe-inspiring marvel that she had arrived at that stream the previous year on the night of the same day on which she had received Communion—a place that he had taken twenty days to reach. And thus Zossima buried the body of the wonderful saint, Mary of Egypt. When he returned to the monastery, he recounted the whole story of her life and the wonders to which he had been an eyewitness. Thus the Lord glorifies repentant sinners. St Mary is also commemorated in the Fifth Week of the Great Fast. The Church holds her up before the faithful in these days of the Fast as a model of repentance. She entered into rest in about 530.

St Meliton, Bishop of Sardis - A well-known pastor of the Church in the second century, he was a man of great learning and laboured to codify all the books of Holy Scripture. He laboured also in meekness and devotion to bring peace to the Church in Laodicea, involved in a quarrel about the celebration of Easter. Apart from this, he defended Christianity against the pagans. He travelled to Rome in about 170, bringing a written apology on the Faith and the Christian Church to the Emperor Marcus Aurelius. St Meliton, this learned, devout and zealous man, entered peacefully into rest in the Lord in about 177;